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ABSTRACT

Descriptions of several programs of the Shawnee Hills Community Mental Health/Mental Retardation Center, Inc. (Charleston, West Virginia) are presented. Included in this document are: (1) a description of the Shawnee Hills Day Training Center, a cooperative program of Shawnee Hills and several county school boards for severely/profoundly impaired children ages 5-16; (2) a description of the Early Intervention Program which is designed to minimize the effects of developmental delays on children between birth and age three; (3) a brochure describing Shawnee Hills Industries, a sheltered workshop for mentally and physically handicapped individuals age 16 and older; (4) brochures advertising products and services provided by Shawnee Hills Industries including sewing, silkscreening, printing, labor assistance, woodshop, and engraving; (5) a description of the Pierpont Program for severely/profoundly handicapped individuals which is designed to provide for individual needs and assist in the attainment of individual independence; (6) a letter to parents describing what to expect during their first clinic at the Shawnee Hills Infant Program; and (7) a brochure for parents on the Developmental Delay Early Intervention Program which explains what developmental delay and early intervention are and discusses what parents, doctors, and the Early Intervention Program can do. (DC)

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SHAWNEE HILLS DAY TRAINING CENTER:

A Behavioral Systems-Based Program for Severely/Profoundly Impaired Children

Edward A. Jones
Shawnee Hills Community MH/MR Center, Inc.
Charleston, W. Va.

The Association for the Severely Handicapped, San Francisco, November 1983

The Shawnee Hills Day Training Center was established in 1973 as a skills training facility for severely/profoundly impaired children. The Center was built as a result of the efforts of parents of retarded children for whom, at that time, no educational or training opportunities existed. Following a legal mandate to county boards of education for provision of services to the severely/profoundly involved, several county school boards contracted with Shawnee Hills to become an administrative and program site of their school systems, thus fulfilling their mandate.

The Day Training Center has an enrollment of 32 children ages 5-16. Working within the West Virginia Board of Education's "grouping-by-age" constraints the students are assigned to self-contained classrooms on the basis of their relative functioning abilities. By this method the curriculum of each classroom can be designed to specifically address the training needs of the children within that classroom. For example, one classroom serves only those students who are nonambulatory multiply-handicapped. The training activities and strategies in this classroom are approached from a neurodevelopmental

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standpoint. Yet another room's curriculum, designed for higher level older S/P MR's, concentrates on functional daily living and prevocational skills. This classroom utilizes "workjobs" stations to prepare its students for probable future sheltered employment. The remaining two classrooms, one for ages 5-11 and the other for ages 11-16, focus their training efforts on basic motor, communication and self-help skills.

The "dual loyalties" of the Day Training Center is a unique situation in West Virginia: The teaching staff is employed by various county school boards while the administration, specialized therapists (speech pathologists, physical therapists, occupational therapist and adaptive physical education instructor), classroom aides and other support personnel are employed by Shawnee Hills Community Mental Health/Mental Retardation Center, Inc. Meeting standards and requirements of a Community MH/MR Center as well as those of state and county boards of education makes for an interesting challenge. The benefits far outweigh any disadvantages, however. The Day Training Center is able to take advantage of both the therapeutic, medical and administrative resources of the largest Community MH/MR Center in the state and the educational resources of the largest public school system in the state. The cooperative relationship between agencies and the resultant sharing of resources and facilities creates a most outstanding program for severely/profoundly impaired children.

For additional information:
Edward A. Jones
Shawnee Hills Day Training Center
511 Morris Street
Charleston, WV. 25301
(304) 768-3901

SHAWNEE HILLS
COMMUNITY MENTAL HEALTH/
MENTAL RETARDATION
CENTER, INC.

511 MORRIS ST. CHARLESTON, WV 25301
304-345-4800

THE EARLY INTERVENTION PROGRAM

To minimize the effects of developmental delays or disabilities, Shawnee Hills offers an Early Intervention Program for children between birth and the age of three. The purpose of the program is to provide children with every opportunity to achieve maximum physical, language, and cognitive development within the limits of their individual capabilities.

When a child is referred to the program, a team of therapists and developmental specialists evaluate all areas of a child's growth - motor skills, language development, social interaction, and cognitive development. Together with the parents, the team decides on a plan which addresses the needs of the child. Progress is re-evaluated on a quarterly basis, and new goals are set based on the child's needs.

Based on the concept that parents are the most effective teachers for developmentally delayed infants, the program provides weekly training for parents. Home trainers visit the parents and their children, teaching techniques and suggesting activities which will minimize the impact of developmental disabilities.

In addition to the home training, parent support groups are provided to allow parents of delayed or disabled children to share their ideas and problems. A preschool program for children three to five years of age is offered for the development of motor, communication, self-help and socialization skills

Through the Early Intervention Program, Shawnee Hills strives to have an impact on the incidence of mental retardation and developmental disabilities, knowing that a training program initiated at an early stage of life, during the period of most rapid brain development, will be the most effective.

For more information on the Early Intervention Program for children with special needs, call 768-3901 or 345-4800.

SEWING
SILKSCREENING
PRINTING
LABOR ASSISTANCE
WOODSHOP
ENGRAVING

For estimates or information write or call:
Production Supervisor

Shawnee Hills Industries
1418 MacCorkle Ave., S.W.
Charleston, WV 25303
Phone: 744-4677

Shawnee Hills Industries
is a division of Shawnee Hills Community Mental Health/Mental Retardation Center, Inc., which is partially funded by the Departments of Health and Welfare and the National Institute of Mental Health.

Shawnee Hills Industries

Shawnee Hills provides a sheltered workshop setting for mentally and physically handicapped individuals age 16 and older. In addition to providing employment and vocational opportunities to its clients, the workshop also provides academic programming and self-help skills. It is the goal of the workshop to enable the clients to function as independently and self-sufficiently as possible.

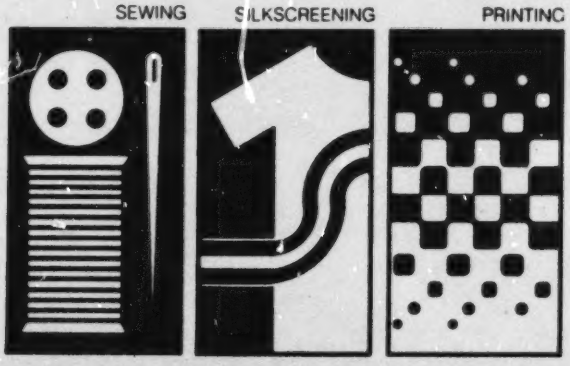
The function of Shawnee Hills Industries is not limited to providing services to the handicapped people of the area. The sheltered workshop provides area industry and business with labor and production assistance in many areas of operations. The contract services area of Shawnee Hills enables customized assistance with direct labor support and in production operations such as packaging, assembling, labeling, and manufacturing.

Additionally, specialized services are offered to meet the particular needs of business. These services include: printing, engraving, sewing, woodworking, silk-screening and cleaning. Top quality work is provided at very competitive rates.

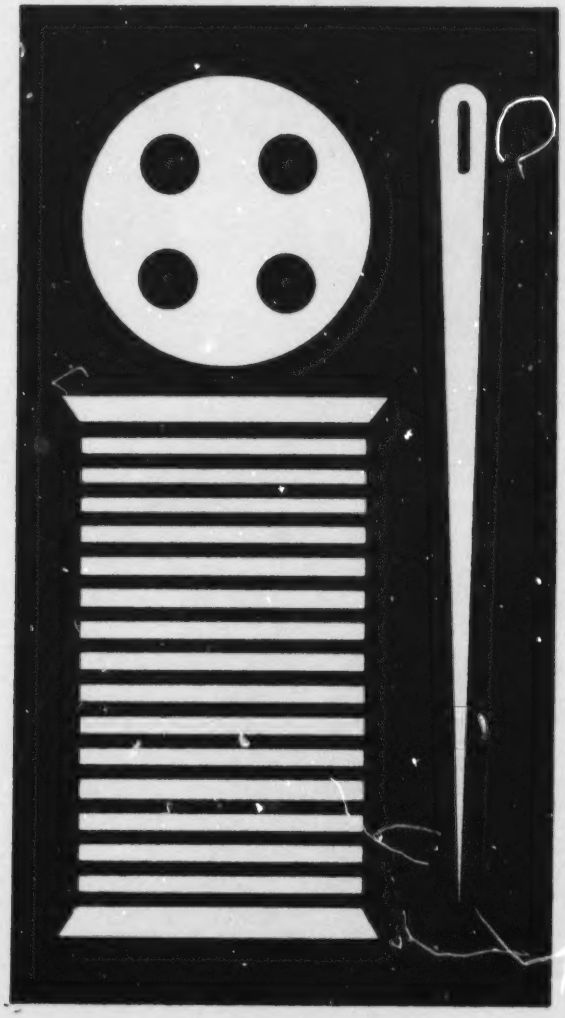
Shawnee Hills Industries operates two locations in Kanawha County: the Pierpont location in Dunbar and the MacCorkle Avenue workshop in the Heck's Plaza at the Patrick Street Bridge. Satellite offices are operated in Clay and Danville. Contract service work can be performed at any of our locations or we can place clients in your plant. We specialize in meeting your production needs.

Many of the clients employed by the workshop have developed the skills necessary for employment with local business and industry. In the past, clients have been placed with local governmental agencies, hospitals, restaurants, janitorial service companies, and other businesses, with Shawnee Hills staff offering follow-up consultation to those who hire our clients.

If you need temporary or long term production assistance or would like to utilize one of our specialized services, Shawnee Hills Industries can serve you. Shawnee Hills has completed or is presently working on contracts for Union Carbide, DuPont, McJunkin Corporation, area soft-drink bottling companies and other local businesses. Let us analyze your production needs and determine where we can provide you top quality assistance.



SEWING



Shawnee Hills Industries can assist you with your commercial sewing needs. Any product you have where the "stitch" is important may be the product you want Shawnee Hills Industries to manufacture.

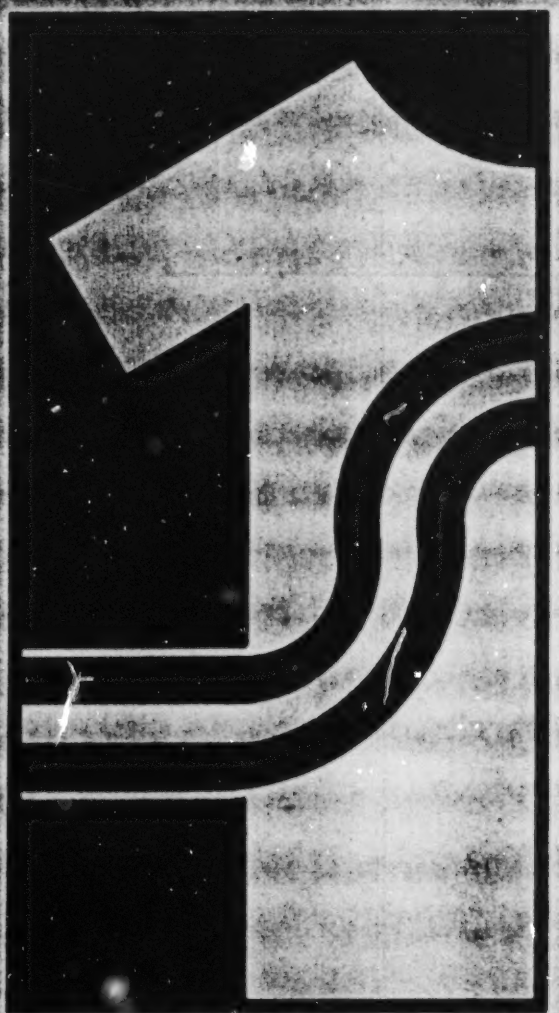
Carriers, packaging materials and canvas products—important items to the smooth operation of your business— are products which can be manufactured with quality by Shawnee Hills Industries. If no one else could do your job, try us.

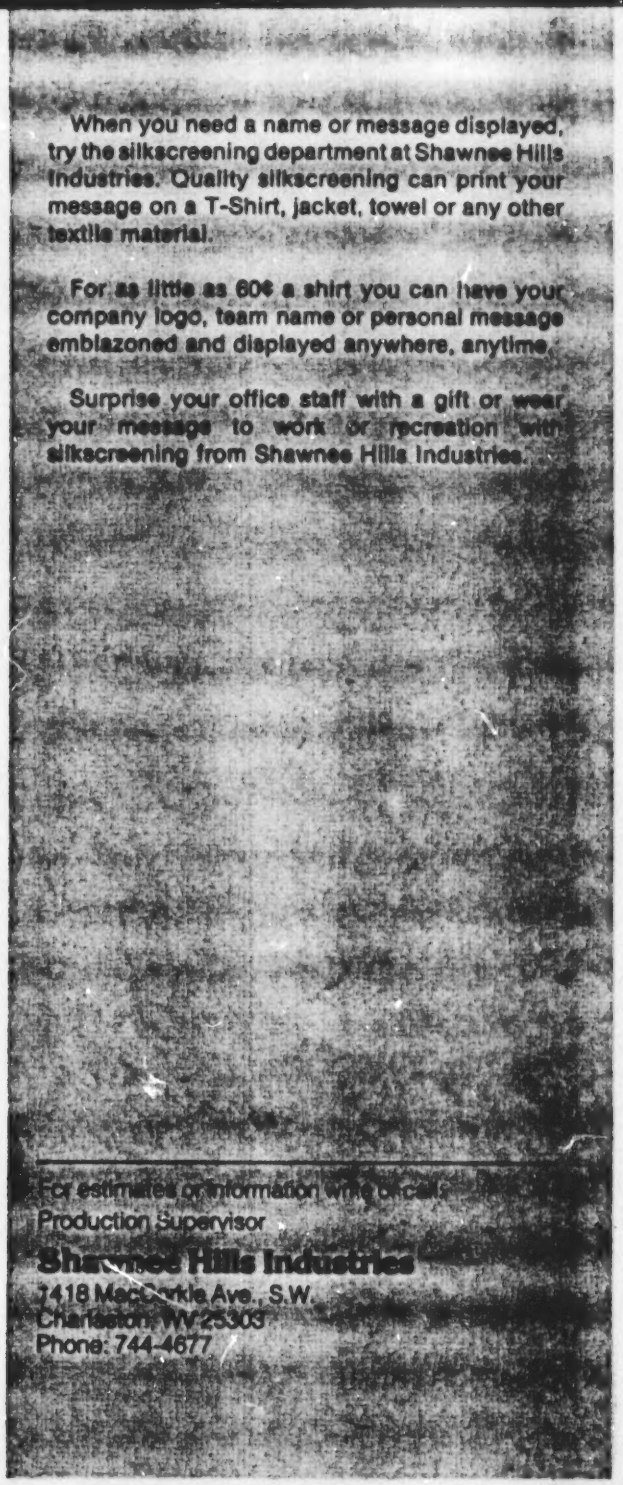
For estimates or information write or call:
Production Supervisor

Shawnee Hills Industries
1418 MacCorkle Ave., S.W.
Charleston, WV 25303
Phone: 744-4677

Shawnee Hills Industries

SILKSCREENING




When you need a name or message displayed, try the silkscreening department at Shawnee Hills Industries. Quality silkscreening can print your message on a T-Shirt, jacket, towel or any other textile material.
For as little as 60¢ a shirt you can have your company logo, team name or personal message emblazoned and displayed anywhere, anytime.
Surprise your office staff with a gift or wear your message to work or recreation with silkscreening from Shawnee Hills Industries.
For estimates or information write or call:
Production Supervisor
Shawnee Hills Industries
7418 MacCorkle Ave., S.W.
Charleston, WV 25303
Phone: 744-4677

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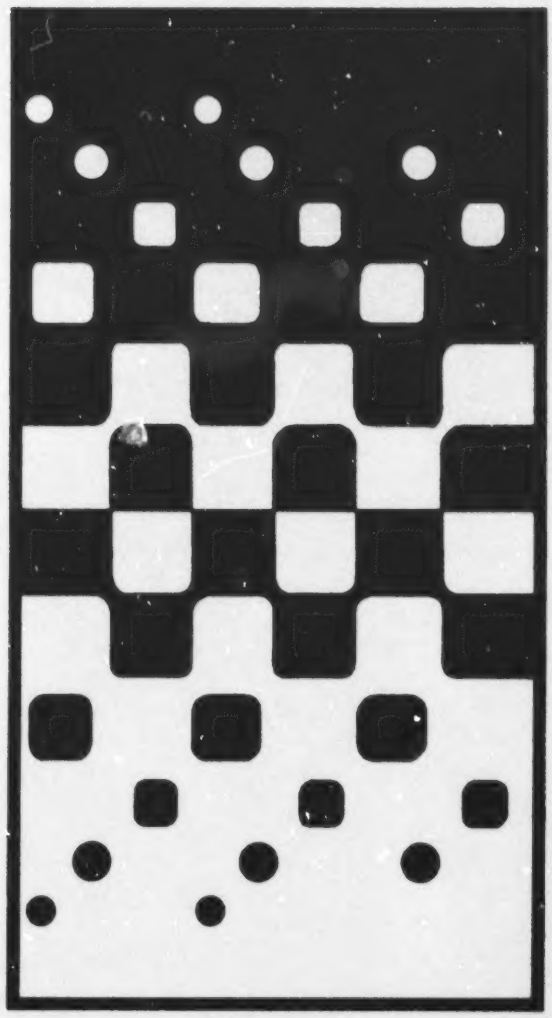
PRINTING



The print shop at Shawnee Hills Industries is capable of meeting most printing needs. With presses capable of printing on paper of a variety of weights and finishes up to 11x17" in size, the shop can print anything from memo/note pads to posters to brochures. One, two or three color production jobs can be completed, and additional capabilities for folding, collating, stapling, binding, cutting, and labeling allow the print shop to produce completed products from stationery to soft-cover booklets or programs. Quality work and quick service are offered at competitive prices.

For estimates or information write or call:

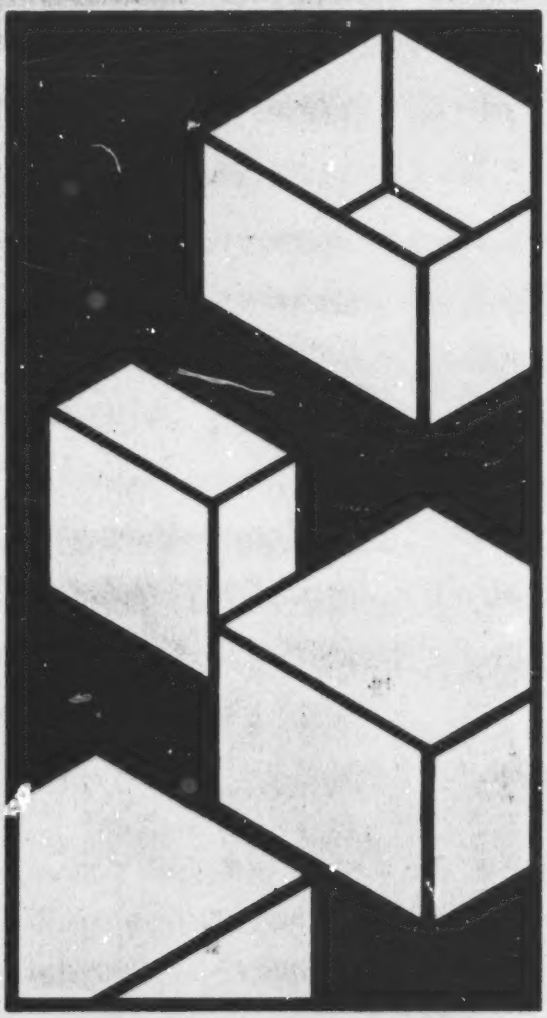
Production Supervisor

Shawnee Hills Industries

1418 MacCorkle Ave., S.W.
Charleston, WV 25303
Phone: 744-4677

Shawnee Hills Industries

LABOR ASSISTANCE



Shawnee Hills Industries can provide short-or long-term labor assistance to fill almost any need. Cleaning, packaging, assembling, sorting, labeling and manufacturing are areas in which Shawnee Hills Industries can provide top quality, low cost assistance.

Two convenient locations contain enough floor space to accommodate most production/ manufacturing needs, and the workshop's available manpower can meet most production/ manufacturing schedules and requirements. Moreover, if your job cannot be done at our facilities, we can bring our labor assistance to your location. Shawnee Hills Industries can assist you wherever and whenever you need it.

Timely, quality work combined with flexibility allow Shawnee Hills Industries to meet practically every production/manufacturing need. When you find yourself in need of labor assistance - to assemble components, package material or sort and separate parts for distribution - let Shawnee Hills Industries provide you with all the necessary labor assistance. We have been servicing area industry and business for over 10 years. Let us assist you in your next job.

For estimates or information write or call:
Production Supervisor

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1418 MacCorkle Ave., S.W.
Charleston, WV 25303
Phone: 744-4677

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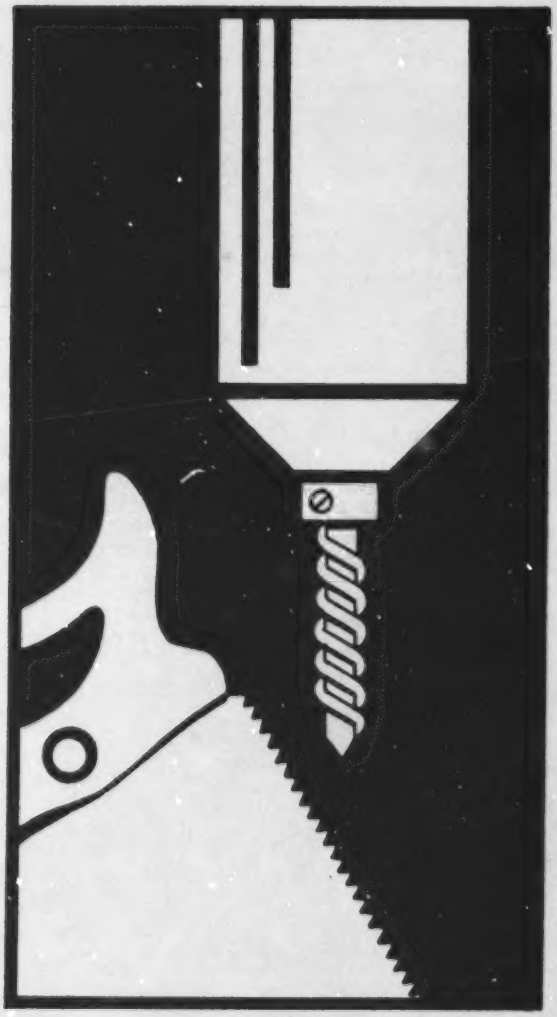
WOODSHOP



With a wide variety of woodshop equipment, Shawnee Hills Industries can manufacture wood products from breadboxes to engineering stakes to your specifications.

Picnic tables and wooden flange covers are just a couple of the quality wood products we produce for individuals, business and industry. If you need woodworking assistance, Shawnee Hills Industries woodshop may be your answer.

For estimates or information write or call:
Production Supervisor

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1418 MacCorkle Ave., S.W.
Charleston, WV 25303
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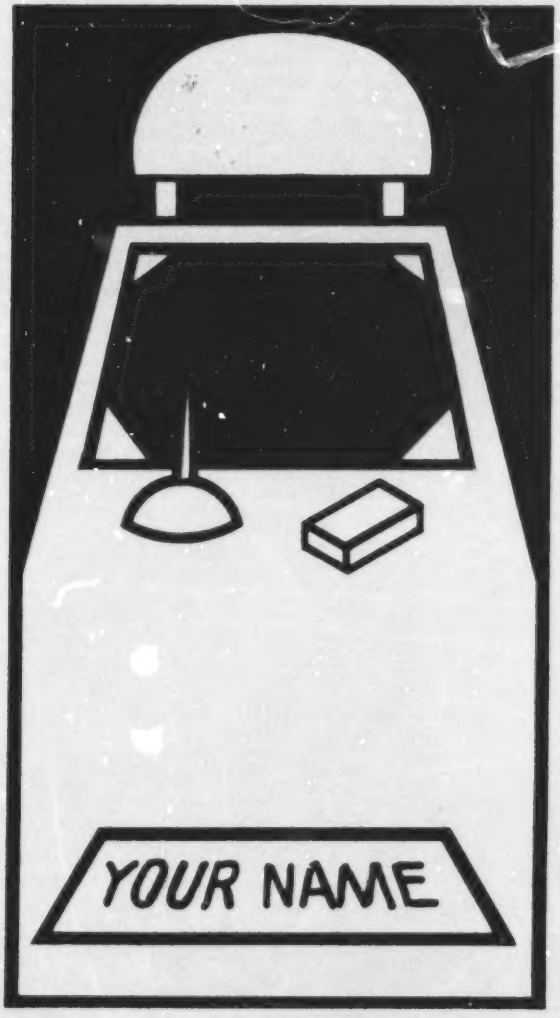
ENGRAVING



Big signs, little signs, name plates for the desk, signs for the door - Shawnee Hills Industries can engrave your name or message in large or small letters on practically any size plastic sign. Desk top or wall mount name plates are perfect for new employees. You know they will be able to find their desk the next day.

Plastic engraved signs are perfect for marking offices, exits, waiting rooms and any other area in your office that needs to be identified. These plastic signs come in a variety of colors and colored engravings.

Top quality, engraved plastic signs are offered to you at low cost from Shawnee Hills Industries. Also, check into our selection of desk stands or wall mounts for your sign.

For estimates or information write or call:
Production Supervisor

Shawnee Hills Industries
1418 MacCorkle Ave., S.W.
Charleston, WV 25303
Phone: 744-4677

Shawnee Hills
MH/MR Center Inc.

22nd ST Dunbar WVa

Joan Woodard
Program Director
304-768-9748

THE PIERPONT PROGRAM

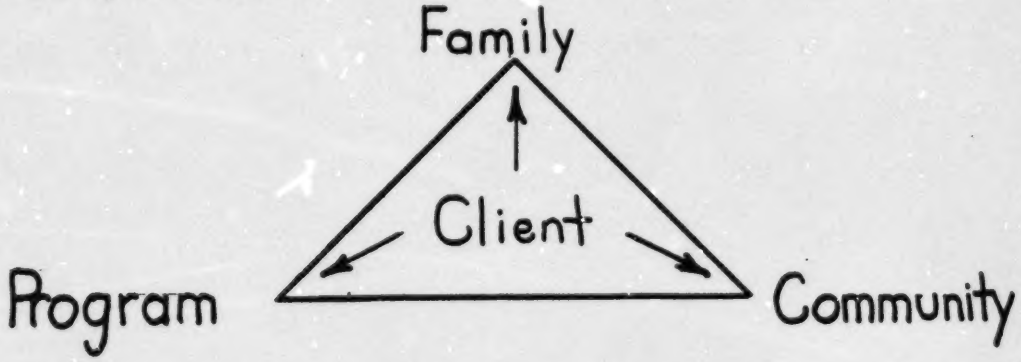
The Pierpont Location of Shawnee Hills Mental Health/Mental Retardation Center, Inc. is a training and rehabilitation program that serves seventy (70) severely/profoundly handicapped individuals.

There are six (6) professional level staff called casemanagers who facililate training and total case concerns for clients. For each casemanager there is a training aide who will assist with programming mandates. The vocational area is staffed with a production supervisor and aide.

Auxuillary services help round out program needs. These services include speech threapy, physical therapy, and adaptive physical education. Occassionally, clients and/or family members may need the assistance of the mental health component. Mental health services are obtained through in-house referral procedures.

There are many goals for the Pierpont Program. The main goal, however, is to provide for individual client needs and the attainment of clients' individual independence.

Program leadership and staff view programming in a triangular format.



Listed below are areas of training with brief explanations:

Resource Area - designed to provide training in functional academic skills eg. time, money management, functional words.

THE PIERPONT PROGRAM

AREAS OF TRAINING:

Self-Contained Areas -	Provide training in a defined area with individualized client attention. Students in these areas need the stability of familiar surroundings and activities.
Production Area -	Part of the sheltered workshop where clients are able to earn wages for vocational skills rendered.
Community Living -	Designed to provide skill training in home and community living.

A Message to Parents:

Shawnee Hills Infant Program

YOUR CHILD'S FIRST CLINIC - WHAT TO EXPECT

Now that you have met with our Intake Worker you are ready to meet with the rest of the "Team" who will be involved with your child. This team includes Jackie Gregory, Program Supervisor; Fred Theierl, Physical Therapist; Penny Purcell, Speech Pathologist; and your Home Trainer (Vicki Tawney, Cindy Dye, Betty Saulsgiver, or Pat Spradling).

First of all, the term "Clinic" is rather misleading since what we do is really an observation and evaluation time with your child, which takes place in our clinic/play room. We are interested in your "whole child" - how he moves, communicates, hears, sees, thinks and relates to others.

There will be a few questions about his birth and medical history. Penny will have a lot of questions about what you think your child understands as well as how he expresses himself with you. She is also interested in what he eats and if there are any feeding difficulties. Fred will be interested in how your child moves and will be handling him, often in ways he's never experienced before. This often makes the child cry - but the results are rewarding. Recommendations for you to use at home will be given.

We will also be asking you for your main concerns so that these can become the primary goals that we work on. These evaluations take place once every three months as your child grows and learns new skills. You are the most vital person there since you are your child's best teacher. Anyone who will be involved with your child - grandparents, babysitters, brothers and sisters are welcome and are encouraged to be present. Looking forward to working with you!

What Can Parents Do?

Parent involvement in their child's treatment makes all the difference in minimizing the effects of the child's disabilities. The concept of home training is based on the knowledge that parents are the best teachers of their delayed infant.

There are certain things parents can do to help them understand and accept their child's disability:

—Establish a good working relationship with any physicians and specialists serving your child.

—Work with resources in the community, such as Shawnee Hills, in order to understand the difficulties your child might have.

—Avoid over-protectiveness and feeling sorry. Don't do anything for the child that he can do for himself.

—Have confidence in your child's ability to learn and grow with training and your help.

What Can Shawnee Hills Early Intervention Program Do?

A team of therapists and developmental specialists evaluate all areas of a child's growth—motor development, language development, social and cognitive development. Together with the parent, the team decides on a plan to fit the needs of the child. Progress is re-evaluated quarterly and new goals set based on the child's needs.

Parent Training in the Home

Home Trainers provide weekly training to parents through activities that can be carried out in the daily handling of the child. Proper handling techniques can aid in the child's development and help minimize his or her delays.

Center Activities Include:

—Language group with a speech pathologist for "language ready" two year olds.*

—Weekly pre-school program for socialization.*

*Both language group and preschool are observed by parents over closed circuit television.

—Parent support groups for parent-to-parent contact.

Shawnee Hills is a Community Mental Health/Mental Retardation Center serving Kanawha, Putnam, Boone, and Clay counties in West Virginia. The Shawnee Hills Early Intervention Program is located in Institute, West Virginia. For further information call 768-3901.

DEVELOPMENTAL DELAY

THE EARLY INTERVENTION PROGRAM

Shawnee Hills Community Mental Health/Mental Retardation Center, Inc.

What Is Developmental Delay?

Some factors such as prematurity, frequent ear infections, or complications during pregnancy or delivery can indicate that a child may be "at risk" for developmental delay.

"He's always pulling at his left ear."

"She's two years old and still not talking."

"He's just not doing what his brother did at that age."

Reaching developmental milestones late, like rolling over, sitting up, and walking, can be an indication that a child might be a candidate for evaluation by an Early Intervention Program. Other factors, such as birth defects, childhood seizures, cerebral palsy, spina bifida and mental retardation are more definite indicators of developmental difficulties.

Whatever the cause of concern for the development of your child, your doctor is the best place to begin.

What Can Your Doctor Do?

Physicians are ever watchful for "early warning signs" in a child's development. Although no physician wants to alarm parents unnecessarily about a child's progress, they know that early detection of a developmental delay, along with an early intervention program is the surest way to minimize the handicap.

The "wait and see" attitude is obsolete. Treatment during infancy can improve development of the child, prevent abnormal movement patterns, and provide necessary sensory experiences.

Referral by physicians to an Early Intervention Program, which will give parents the proper training and handling techniques to encourage their child's development, can be the biggest service to families of infants with developmental delays.

What Is Early Intervention?

In the first two years of life the nervous system, including the brain, achieves more than 80 percent of its adult size and weight. Because of the plasticity of the young nervous system, a training program initiated at this time of rapid brain development will be the most effective.

The purpose of an Early Intervention Program is to provide the child with every opportunity to achieve maximum physical, language, and cognitive development within the limits of his or her handicap.

Certain factors determine the effectiveness of an Early Intervention Program:

The age of the child when intervention is initiated. The closer to birth the program is begun, the greater the chances for success.

The severity of the problem. Intervention is essential with the severe problem, but a training program can make all the difference in the world to a child with more subtle delays.